## Health & Social Care Curriculum

Unit 1: Health, well-being and development throughout the lifespan

Unit 2: Outcome-focused and personcentred practice in health and social care In Relationships & Sex Education (RSE) and Physical health & mental wellbeing curriculum, learners have completed tasks that will support a transition to Health & Social Care applying knowledge from KS3:

- Physical health
- Mental wellbeing
- Drugs, alcohol and tobacco
- Relationships

Spring 1

## Autumn 1

2.1 The range of individual needs across the lifespan
2.2 The different types of health and social care provision and how individuals work together

Autumn 2

- 2.2 The different types of health and social care provision and how individuals work together 2.4 Practitioners' responsibilities and accountabilities
- 2.2 The different types of health and social care provision and how individuals work together

  2.3 The roles of key professionals within the health and social care sector

  2.6 The current changing demands for care on the health and social care sector and individuals
  - indicators used to measure health and pur how these can be interpreted.

Spring 2

- 2.3 The roles of key professionals within the health and social care sector
  2.5 Safeguarding and legislation
- 2.6 The current changing demands for care on the health and social care sector and individuals

Summer 1

1.1 Key physical, intellectual, emotional and social aspects that affect growth and development across the lifespan of individuals

Summer 2

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**1.2** Key aspects that affect growth and development across the lifespan.

**1.3** Factors that shape self-concept and personal development.

**1.5** The role and purpose of promoting health and well-being

Revision of Unit 1

Extended currciulum

## Unit 1: Health, well-being and development throughout the lifespan

Unit 1 enables learners to gain and develop knowledge and understanding of how individuals grow and develop during the life stages; they will also gain an understanding of how health and well-being is promoted.

## Unit 2: Outcome-focused and person-centred practice in health and social care

Unit 2 enables learners to develop and apply knowledge and understanding of the value of person centred practice, safeguarding and modern-day challenges to health and well-being.